

Health and Wellbeing Board

21 January 2016

County Durham Drug Strategy Action Plan 2014-2017



Report of Anna Lynch, Director of Public Health County Durham Children and Adults Services, Durham County Council

Purpose of the Report

- 1 The purpose of this report is to inform Health & Wellbeing Board of the progress to date of the County Durham Drug Strategy Action Plan 2014-2017.

Background

- 2 The Government's Drug Strategy *Reducing Demand, Restricting Supply, Building Recovery: Supporting people to live a drug free life* was published in 2010. It focusses on three themes:
 - *Reducing Demand* – creating an environment where the vast majority of people who have never taken drugs continue to resist any pressures to do so;
 - *Restricting Supply* – making the UK an unattractive destination for drug traffickers by attacking their profits and driving up their risks; and
 - *Building Recovery in Communities* – build on the investment that has been made into treatment to ensure more people are tackling their dependency and recovering fully.
- 3 A multi-agency Drug Strategy Group was established to drive forward the objectives of the national strategy in County Durham. Following a stakeholder event in January 2014 with professionals, council members, service users and carers, the strategy was agreed for 2014-2017.
- 4 The aim of the Strategy is *to prevent harm, restrict supply and sustain a future for individuals to live a drug free and healthy life, whilst minimising the impact on communities and families.*
- 5 The County Durham Strategy has 6 objectives under the three themes of the national Strategy:

Preventing Harm

- 6 Increase awareness and understanding of drugs in order to reduce drug misuse across the population.
- 7 Have fewer people taking up drug use and to break the inter-generational path to drug misuse and dependency.

Restricting Supply

- 8 Reduce the supply of drugs and number of drug related incidents impacting upon families and communities.

Building Recovery

- 9 Ensure recovery is understood and visible in the community.
- 10 Support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug use.
- 11 Involve and support families and carers living with drug related issues.

Performance and Outcomes

- 12 The Drug Strategy is underpinned by an action plan (Appendix 2) and performance framework. The headline performance issues for Quarter 1 are discussed in table 1:

Table 1: Percentage of successful completions of those in substance misuse treatment – Opiates

Previous Performance Issue	Quarter 2 Update	Update/new actions agreed at Quarter 2 performance session
<p>Successful completions for opiate use increased to 7.1%, but remain below target of 7.9% and national performance (7.6%).</p>	<p>The percentage of successful completions of drug treatment for opiates was 6.8% in 2014. This is below the 2014 target (8.4%) and below the national average for the same period (7.4%). Performance is slightly better than the regional average of 5.8%</p> <p>NB: Latest data is 6.5% (94/1451) (Apr14 - Mar15 representing up to end-Sep15). This has not achieved the 2014/15 target of 7.9% and is below national performance for the same period of 7.2%.</p>	<p>Lifeline took over the drug and alcohol recovery service for County Durham from 1st April 2015. The data reported therefore relates to the former drug and alcohol treatment providers.</p> <p>Experience from other regions is that it will take 6 months for the Lifeline service to become embedded. The first official Lifeline data on drug treatment will be available in early 2016.</p> <p>There are a number of major implementation issues that have been managed by Lifeline:</p> <ul style="list-style-type: none"> • The transition of clients who pre-date Lifeline i.e. the clients who completed treatment in the latest quarter commenced their treatment plan with the previous provider. • The transition of Lifeline staff to a new data management system. • The time to recruit and TUPE new staff to the Lifeline service and the provision of relevant training to embed the new recovery model. • The time needed to setup some of the new services such as the Recovery Academies in Durham and Newton Aycliffe. The houses in Durham are currently being furnished and housing is currently being sourced in Newton Aycliffe. Both are currently providing day care. Once complete the RAD will offer a further 36 beds for treatment.

- 13 The Drug Strategy action plan has a total of 44 actions. Twenty six of these actions are RAG rated green and a further 17 actions are amber that will be completed early in 2016. There is one action rated as red. This is related to strengthening the pathway between Children and Family Services and specialist drug and alcohol services – a multiagency meeting has been organised in January 2016 to progress this.
- 14 Consultation on the refresh of the strategy and action will commence October 2016.
- 15 The Drug Strategy Group meet quarterly and review the performance report and monitor progress against the action plan. Any key issues are escalated to the Safe Durham Partnership, Health and Wellbeing Board and/or Children and Families Partnership as appropriate.

Recommendations

- 16 The Health & Wellbeing Board is recommended to:
 - Note the Drugs Strategy Action Plan (2014-2017) for information.
 - Note current performance as detailed in paragraph 13.

Contact: Lynn Wilson, Consultant in Public Health
Tel: 03000 268680

Appendix 1: Implications

Finance

No additional financial implications as a result of the implementation of the strategy.

Staffing

Existing staffing already members of the strategy group to be involved with the implementation of the strategy.

Risk

No risk identified in implementing the strategy.

Equality and Diversity / Public Sector Equality Duty

People with drug issues and their families are often identified as priority groups for support.

Accommodation

No implications.

Crime and Disorder

A key strand of the strategy is to tackle the supply of drugs, this is already led by Durham Constabulary.

Human Rights

None identified.

Consultation

The strategy was developed by a range of stakeholders.

Procurement

No additional procurement issues as a result of the strategy.

Disability Issues

Some people with drug issues also have co-morbidities with mental health (referred as dual diagnosis). These are identified as a priority group in the strategy.

Legal Implications

There are no legal implications.



Drug Strategy Action Plan

2014 - 2017

Objective 1: To increase awareness and understanding of drugs in order to reduce drug misuse across the population

Task no.	Action	Measure	Baseline 2014/15	Performance 2015/16	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
1	Develop a social marketing plan to raise awareness about the harms of drugs	Social marketing plan developed	N/A	N/A	Dec 2015	Kim Michelle	G			Plan developed. Logo developed to be used on all resources.
2	Develop a communications plan for promoting the CDS and recovery community in County Durham	Plan developed	N/A	N/A	Feb 2016	Jane Sunter	A			Comms plan in development in line with overarching Alcohol Harm reduction Strategy and elements of wider system
3	Work with schools and families to promote awareness of the risks associated with drug misuse	No. of schools and families engaged with substance misuse trainer	YP 382 Adults 25 Schools 8	Young People 1145 Adults 105 Schools 21	Annual	Sarah Norman	G			
4	Gain a better understanding of the needs around New Psychoactive Substances (NPS)	Develop knowledge of group and wider partners	N/A	Provide regular updates	Ongoing	Colin Dobson	G			Presentation delivered to Drug Strategy Group. 6.12.15. JS to become part of the PH England Strategy Group for NPS – this will include to delivery of an event in Q4

Objective 1: To increase awareness and understanding of drugs in order to reduce drug misuse across the population

Task no.	Action	Measure	Baseline 2014/15	Performance 2015/16	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
5	Work with partners to enhance the knowledge and evidence on NPS.	Deliver NPS strategy group	N/A	N/A	Ongoing	Sarah Norman	G			Group already in existence
6	Highlight potential risks and harms of using NPS to enable people to take personal responsibility for their decisions	Lifeline to incorporate into training.	N/A	Complete	Ongoing	Kim Michelle	G			NPS is incorporated into the general training.
7	Develop a Key Messages document in relation to drugs and ensure partners sign up to this.	Document developed and shared	N/A		March 2016	Jane Sunter	A			To be taken on board as part of the Comms strategy.
8	Support schools and colleges in the delivery of drug education and support the development and implementation of drug policies.	Number of schools engaged with the resilience programme, supported by Specialist training team.	88+ 16 schools Jan - March			Sarah Norman/Lifeline	A			Currently 16 school This should tie in with the resilience work being carried out by Gill O'Neill, in public health.

Objective 1: To increase awareness and understanding of drugs in order to reduce drug misuse across the population

Task no.	Action	Measure	Baseline 2014/15	Performance 2015/16	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
9	Include drugs, caffeine and NPS's in the Good Practice Guidance for schools, colleges and youth settings	Good practice doc complete	N/A	Complete	Jan 2015	Sarah Norman	G			
10	Map and improve existing drug forums	6 forums	6	Complete	Sept 2015	PH Portfolio Lead/Lifeline Jenny Bryson	G			
11	Gain a better understanding of the misuse of over the counter medicines	Report April 15	N/A	Report complete Apr 2015	Dec 2015	Claire Jones	G			CJ providing training and awareness to community pharmacies
		Further work with Lifeline to support community pharmacy		Work with Lifeline to support community pharmacy	Dec 2016		G			
12	Provide specialised substance misuse training to raise awareness and promote services with professionals	Number of individuals trained	1070		Annual report	Kim Michelle	A			Services identified, training underway

APPENDIX 2

Objective 2: To have fewer people taking up drug use and break the inter-generational path to drug misuse and dependency

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
1	Ensure the delivery of Prevention and Recovery Champions in prisons	Number of Trained Ambassadors	N/A		May 2016	Kim Michelle	A			<p>People are being trained in Prison. KM to speak to DK about Ambassadors in prison.</p> <p>Challenge is on vetting. Endorsed by Governor HMP Durham Directly Nov 15.</p> <p>KM meeting Lifeline Director re Training course in April 2016.</p>
2	Identify and refer young people, families and carers (including young carers) living with drug related issues, to drug and alcohol services, in order to break the cycle of drug misuse	Number of families referred to D&A service by the stronger families team.	Alcohol Misuse – by Child = 13 Alcohol Misuse – by other person in family/household = 9 Alcohol Misuse –	tbc		Karen Davison	A			<p>A Pathways meeting is scheduled for January 2016 and map out processes interlinking with the Lifeline YP and Families teams. Agree indicators. The expansion of the programme to include substance misuse as a headline issue</p>

Objective 2: To have fewer people taking up drug use and break the inter-generational path to drug misuse and dependency

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
			by parent/carer = 189 Drug Misuse – by child = 21 Drug Misuse – by other person in family/household = 13 Drug misuse – by parent/carer = 127							
3	Strengthen the pathway between Children and Family Services and specialist drug	Increase the number of referrals into the Stronger Families	N/A		Ongoing	Karen Davidson Kim Michelle	R			To agree at Jan 2016 meeting as above

Objective 2: To have fewer people taking up drug use and break the inter-generational path to drug misuse and dependency

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
	services to ensure vulnerable families and children are supported with their	programme from the Lifeline Drug and Alcohol Service								
4	Local Safeguarding Children's Board to undertake themed audits of cases linked to parental drug use and present findings to the LSCB performance management sub group	<p>Number of Children subject to a CP plan where parental substance misuse is a contributing factor.</p> <p>Identify where there is good practice in terms of information sharing between services, identify areas for improvement</p> <p>Nature of service provision, particularly early</p>	N/A	Audit	December 2015	Sean Barry LSCB	A			Cases submitted to Safeguarding Audit - November 2015. Results pending Jan 2016

Objective 2: To have fewer people taking up drug use and break the inter-generational path to drug misuse and dependency

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
		<p>intervention. Identification of any gaps in services to families or need for further training for practitioners</p> <p>Identifying what can be done by partners to reduce incidence of CP plans relating to substance misuse.</p>								
5	LSCB to embed Hidden Harm (inc parental alcohol and substance misuse) into key strategy documents and LSCB training programme to raise awareness of	<p>Refresh neglect training</p> <p>Hidden harm included in annual report and strategy</p>	N/A	To complete	Jan 2016	Sean Barry LSCB	A			LSCB neglect training refreshed to include Hidden Harm information and referral routes to services including alcohol and drugs. Hidden Harm included in LSCB

APPENDIX 2

Objective 2: To have fewer people taking up drug use and break the inter-generational path to drug misuse and dependency

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
	drug and alcohol services, promote treatment and recovery.	0-19 refresh referral routes Practice guidance								Annual Report published Nov 2015. Hidden Harm included in draft LSCB Early Help and Neglect Strategy (to be completed by Jan 2016). Draft refresh of 0-19 Levels of Need include referral routes to drug and alcohol services (to be completed by Jan 2016). Draft Early Help and Neglect Practice Guidance to include Hidden Harm. (to be completed by Jan 2016).

APPENDIX 2

Objective 3: To reduce the supply of drugs and number of drug related incidents impacting upon communities and families

Task no.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
1	Improve the quality of data collection to understand the full impact of drugs on health, crime, offending and reoffending	Health Impact Assessment or Needs Assessment	N/A	N/A	March 2016	Jane Sunter	A			New IT database going out to tender in January 2016.
2	Create a forum to debate the decriminalisation of drug users with the intention of influencing future UK drug policy	The Future of Drug Policy Symposium to be held	27.11.14	Complete		Ron Hogg	G			
3	Tackle supply chain within HMP prison system by ensuring supply and demand strategy is fully implemented	SM strategy documents revised and signed off	N/A	Complete	March 2015	Lifeline	G			
4	Work with the Police and Crime Commissioner to	Co-commissioning with PCC	N/A	Complete	April 2015	Lynn Wilson	G			Review March 2016

Objective 3: To reduce the supply of drugs and number of drug related incidents impacting upon communities and families

Task no.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
	ensure that funding is allocated to reduce drug related crime and anti-social behaviour									
5	Make full use of the legislative framework and strengthen the enforcement response to NPS	No. of seizures and prosecutions initiated by police, trading standards and food safety, where NPS feature.	No prosecutions to date. There have been two separate seizures of NPS from shops in CLS, and one in Bishop Auckland.	N/A	Ongoing	Colin Dobson	G			Legislation will change. Currently in House of Commons. Legislation should be in place by early 2016.
6	To support the development of Checkpoint	Contract award for navigators.	N/A		Quarterly	Steph Killili	G			JS attended checkpoint Strategy group. Group pleased with progress. 100 clients going through the scheme. Checkpoint to be standing item on future agendas.

APPENDIX 2

Objective 4: To ensure recovery is understood and visible in the community

Task no.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG	Update report
1	Further support a recovery community in County Durham, including HMPS which celebrates and promotes recovery	Delivery recovery forum		Complete		Dave King	G	County Durham Recovery Forum is a combined forum for alcohol and other drugs. They have developed their constitution and meet quarterly.
2	Further develop the work on recovery including recruiting, training and supporting Ambassadors	30 ambassadors	N/A	20	Quarterly	Jackie Hilditch	A	Currently 20 Ambassadors within the programme and a further 9 on 2 nd cohort of training.
3	Review the referral pathways into and from GP practices, primary mental health, acute hospital trusts and CRC & NPS	Pathway review			January 2016	PH Portfolio Lead/Lifeline	A	Pathways process meeting for hospital identified as a key priority for new year Agreed with Lifeline. Meeting held with CDDFT and pathway agreed. 29/9/2015 Focus on GP practises. Practise managers are meeting.

Objective 3: To reduce the supply of drugs and number of drug related incidents impacting upon communities and families

Task no.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
4	Build peer support into the induction process within HMPs	Peer support in 100% establishments	N/A	100%	June 2015	Lifeline/Dave King	G			25/9/2015 Lifeline now run the mentoring and befriending foundation approved provider standard within the prison estate, including Frankland. This is an ongoing service development and will become a core element of the treatment system.
5	Increase numbers of clients supported in accessing mutual aid groups in the community and in HMPs	Mutual Aid groups in 100% establishments	N/A	100%	Ongoing	Jackie Hilditch (community) Dave King (HMP)	G			HMP 16.3.15 All establishments have active mutual aid groups up and running LD
		No. of clients facilitated into mutual aid attendees	N/A	Annual increase 100% 2014/15	Ongoing		G			Figures SMART figures have increased by 100% on 2013/14.

Objective 3: To reduce the supply of drugs and number of drug related incidents impacting upon communities and families

Task no.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
		No. of community venues	N/A		Ongoing		A			<p>Community A SMART group is now running at Clayport Library Durham and plans are in place for a SMART Group to begin in the community at Chester le street in the next few weeks. JH to update.</p>
6	Ensure all service users have access to an Ambassador within their own Recovery Centre and in prisons	100% access to ambassador by clients	N/A	100%	Annual	Jackie Hilditch	G			<p>All clients have access to an Ambassador.</p> <p>29/9/2015 – Q1 – 260 clients assessed., July 72 and August221</p>
7	Deliver an annual event celebrating recovery within County Durham	Annual event	Annual event	Completed	June 2016 & ongoing	PH Portfolio Lead	G			<p>19.5.15 - A celebration event was delivered in 2015. Prisons also have recovery events.</p>

Objective 5: To support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug misuse

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
1	Undertake a review of community based and prisons drug and alcohol specialist recovery service	Review complete		Complete	March 2015	PH Portfolio Lead	G			Complete
2	Ensure services are attractive and accessible to underrepresented groups, e.g. pregnant women, veterans and victims of domestic abuse.	Health Equity Audit	N/A		March 2016	PH Portfolio Lead	A			
3	Commission and deliver effective treatment and recovery services in both community and criminal justice settings in line with national guidance.	Number of adults using opiates and/or crack cocaine (PDU's) effectively engaged in treatment for 12 weeks or more, or if leaving treatment	Criminal Justice Community		DK need to change indicator Jan 16	PH Portfolio Lead Dave King	A			29/9/2015 David King has requested that if numbers in treatment within the criminal justice setting are required we will need to change the wording as we don't have the 12 week measure reported in prisons currently. Lifeline are targeted to achieve 60% of prisoners

Objective 5: To support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug misuse

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
		before 12 weeks, did so free of dependency Number of adults (all drugs) effectively engaged in treatment (see above indicator)								leaving to engage with treatment within 21 days of release. He requested that potentially this data could be used.
4	Explore joint commissioning opportunities between drug, alcohol and mental health services.	Dual diagnosis strategy completion by May 2015. Catherine Richardson to attend Joint Commissioning Group and feedback.	N/A	Complete	May 2015	Lynn Wilson	G			Strategy complete. Action plan under development. Catherine Richardson attends Joint Commissioning Meetings. 29/9/2015 Dave King reported that the 1 April 2015 all prisons have the ability to link into addiction psychiatry.

Objective 5: To support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug misuse

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
5	Ensure effective pathway with Housing Solutions Services to support people to move on from the Recovery Academy.	Pay for storage and provide bond when discharged from RAD – Ashley Marsden.	N/A	Complete	March 2015	Lorraine Walkden	G			Referral route in place with Housing Solutions Service with access to a range of support to ensure access to appropriate accommodation.
6	Supporting Women’s Making Every Adult Matter (MEAM) service in Durham to develop accommodation and support needs of those clients excluded from services.	Number of women supported Number of Women with substance misuse issues referred to specialist services	N/A		Andrew to check reporting. DASH substance misuse reporting – See Appendix 1	Lorraine Walkden	G			Service operational and fully occupied. Steering group established to monitor and provide guidance. Additional funding secured from PCC to provide research / training and support to sex workers across the County
7	Improve Private Rented Sector management standards through inclusion with Durham Key Options – choice based lettings.	Implementation Key Options	N/A	Complete	May 2015	Lorraine Walkden	G			IT specification developed. Project plan developed for commencement in May 15. Agreement for pilot with access to support from service provider. Service offer to private

Objective 5: To support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug misuse

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
										landlords in developments including accreditation required to access service.
8	Develop pathway for integrated model across the life course and identify specific issues effecting successful transition	Commission new service	N/A	Complete	March 2015	PH Portfolio Lead	G			
9	Review and monitor the substance misuse related deaths in County Durham	Audit substance misuse related deaths	N/A	Annually	November 2016	Lynn Wilson	G			Oversight group in place. Audit process agreed
		Set up early alert system	N/A	N/A	November 2015	Lynn Wilson				Early alert system set up.
		Actions and improvements identified and implemented	N/A	N/A	Ongoing	Lynn Wilson				Action log & risk register monitored Quarterly
10	Raise awareness of referral protocols into and out of police custody	Implement pathways from Diversion and liaison team	N/A		Jan 2016	Kevin Weir, Kim Michelle, Jane Sunter	A			JS to facilitate new pathways from the Diversion and Liaison Team. Agreed December 2015.

Objective 5: To support people to successfully recover from their dependency, addressing both their health and social needs arising from their drug misuse

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
11	Ensure that there are effective harm minimization and engagement interventions, which increase numbers accessing treatment for those using drugs who are treatment naive	Interventions	N/A	Quarterly	Ongoing	Dave King	G			<p>13.3.15 All HMPS Establishments have robust mechanisms for increasing treatment access and all NE establishments have high take up rate of engagement in treatment.</p> <p>29/9/2015 A new NPS strategy for prisoners of the North East And Cumbria. Jane to request copy from Dave King</p>

Objective 6: To involve and support families and carers living with drug related issues										
Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
1	Commission specialist family support services and ensure carers needs are met.	Service commissioned			April 2015	Lynn Wilson	G			Commissioned via Lifeline.
2	Ensure families needs are assessed and understood and they receive a collaborative multi-agency whole family response from Team around the Family	Not available	% of eligible families supported by team around family			Karen Davison/ Lifeline	A			<p>Pathways meeting is scheduled for January 2016 to bring all partners around the table together and map out processes interlinking with the Lifeline YP and Families teams.</p> <p>Lifeline developing family work. Will be recruiting ore family workers and ensuring they link in with carers and YP services so that the whole family support is co-ordinated and integrated. 29/9/2015 Jane to chase with Karen Davison.</p>

Objective 6: To involve and support families and carers living with drug related issues

Task No.	Action	Measure	Baseline 2014/2015	Performance 2015/2016	Completion Date	Lead officer	Performance RAG			Update report
							R	A	G	
3	Listen to the views of carers, including young carers and service users to continually improve the quality of services	Not available	Annual report		April 2016	Kim Michelle	A			Report due April 2016